

Transition Checklist

Student Name _____ Today's Date _____

Expected Date of Graduation _____ Counselor _____

☐ **Social Security Card**

A Social Security Card is required to start a job, open a bank account and apply for government benefits. If you need a replacement card, the wait time is approximately one month.

- **Social Security Administration:**
800-772-1213
socialsecurity.gov

☐ **PA Non-Driver's Identification Card**

The Pennsylvania Driver and Motor Vehicle Services Division (DMV) issues non-driver identification cards to state residents who don't have a valid ID card, driver's license or instruction permit from the state or any other jurisdiction. The ID card can be used to prove identity, age and residence in various situations.

- **Pennsylvania Department of Motor Vehicles:** dmv.pa.gov

☐ **Driver's License**

Individuals must complete the Knowledge Test and road test to obtain his/her driver's license. Driver's manuals are available at your local DMV and various practice permit tests can be found on the Internet.

- **Pennsylvania Department of Motor Vehicles:** dmv.pa.gov
- **Pennsylvania PennDOT practice tests:** driversprep.com/Pennsylvania

☐ **Driver's Training**

- **Bryn Mawr Driver Rehab:** <http://www.mainlinehealth.org/rehab/services/driver-rehab>
- **Driving and ASD - Determining Readiness:** <https://www.carautismroadmap.org/driving-and-asd-determining-readiness/>
- **Mainline School of Driving:** mainlinedrivingschool.net
- **Driving Training Services:** <http://drivertrainingservices.com/>

☐ **Reduced Bus and Regional Transit Fare Passes**

Riders with disabilities may travel at a discounted rate on all SEPTA services; families need to apply for this pass to receive the reduced fare.

- **SEPTA Para-Transit:** septa.org/fares/discount/disabled-id.html
- **Montgomery County:** suburbantransit.org
- **Chester County Community Para-Transit:** <http://chescorideguide.org/paratransit.cfm>
- **Delaware County Community Para-Transit:** <http://www.ctdelco.org/>

☐ **Travel Training**

Travel Training instruction is provided to students who are ready to transition to employment settings and need to develop independent travel skills on public or para-transit systems.

- **Chester County Intermediate Unit:** cciu.org
- **Delaware County Intermediate Unit:** dciu.org
- **Office of Vocational Rehabilitation:** dli.state.pa.us

☐ **Register to Vote (18 years of age or older)**

All individuals have the legal right to vote at 18 years of age.

- **PA Online Voter Registration:** pavoterservices.state.pa.us/Pages/VoterRegistrationApplication.aspx

☐ **Register for Selective Service **Age 18****

Male U.S. citizens and male immigrants, 18 through 25 years of age, are required to register with Selective Service. Men with disabilities that would disqualify them from military service still must register with Selective Service. Selective Service does not presently have authority to classify men, so even men with obvious handicaps must register now and, if needed, classifications would be determined later.

- **Selective Service System:** sss.gov

☐ **Apply for Medical Assistance/ACCESS**

Medical Assistance, also known as Medicaid or MA, provides access to health care benefits, community resources and wraparound services, for eligible individuals.

- **Pennsylvania Department of Human Services:** dhs.pa.gov
717-787-1870
- **Compass:** compass.state.pa.us
1-800-692-7462

☐ **Apply for Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI)**

Social Security Disability Insurance (SSDI) pays benefits to disabled dependents of a parent who collects Social Security benefits or dies, so long as the individual became disabled before they reached 22 years of age. **Supplemental Security Income (SSI)** pays benefits to people whose disabilities prevent gainful employment, provided countable resources are less than \$2,000 and monthly income is less than approximately \$850.

- **Social Security Income:** ssa.gov/ssi
800-772-121
- **Social Security Disability Insurance:** ssa.gov/disability
800-772-1213

☐ **Develop Long-Term Financial and Guardianship Plans**

The ARC, private attorneys and financial planners have expertise in working with families and individuals with special needs. These professionals may assist with financial decisions, advocacy, guardianship, etc.

- **ARC (county specific):** thearc.pa.org
- **Center for Disability Law:** disabilityrightspa.org

☐ **Obtain Residential Information**

There are many programs and agencies, a good starting point would be the Bureau of Autism Affairs.

- **Residential Living Options:** residentiallivingoptions.org
- **Autism Speaks Resource:** autismspeaks.org/family-services/housing-and-community-living

☐ **Participate in Vocational and Transition Assessments**

Assessments will be provided by professionals in the VTC as well as during career classes and community-based vocational training. These may also be done through the IUs, OVR or other agencies. Career portfolios will be developed during VTC career classes.

State Agency Services

Pennsylvania Department of Labor and Industry

Office of Vocational Rehabilitation (OVR)

Pennsylvania Office of Vocational Rehabilitation (OVR) provides vocational rehabilitation services to help persons with disabilities prepare for, obtain or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.

- **Pennsylvania OVR:** dli.state.pa.us/portal/server.pt/community/vocational_rehabilitation/10356

Office of Vocational Rehabilitation (state)	717-787-5244 / 800-442-6371
Allentown (Carbon, Lehigh, Monroe & Northampton).....	610-821-6441 / 800-922-9536
Norristown (Bucks, Chester, Delaware & Montgomery)	484-250-4340 / 800-221-1042
Philadelphia (Philadelphia)	215-560-1900 / 800-442-6381
York (Adams, Franklin, Lancaster & York).....	717-771-4407 / 800-762-6306

Pennsylvania Department of Human Services

Office of Developmental Programs (ODP)

Office of Developmental Programs (ODP) provides individuals with intellectual disabilities or autism, and their families, the services and supports they need and the opportunity to make real choices about living, working and options for social activities to enable them to live in and participate fully in the life of their communities. The Bureau of Autism Services falls under the Office of Developmental Programs.

Office of Developmental Programs: dhs.pa.gov/provider/developmentalprograms
717-787-3700/888-565-9435

Bureau of Autism Services: dhs.pa.gov/citizens/autismservices
866-539-7689

Pennsylvania Department of Human Services

Intellectual Disabilities Services

The intellectual and developmental disability service system is evolving from one focused on providing service in large institutions – often far from a person’s home and community – to one based on a flexible and dynamic system of supports and services close to home and community. The new system is tailored to the needs of persons living in their home community which include community residential and day support services.

- **Pennsylvania :** <http://www.dhs.pa.gov/citizens/intellectualdisabilitiesservices/index.htm>

Office of Intellectual Disabilities Services (state).....	888-565-9435 / 800-753-8827
Berks.....	610-736-4211
Bucks	215-781-3300
Carbon	610-577-9020
Chester	610-466-1000
Delaware	610-447-5500
Lancaster	717-299-7411
Lehigh.....	610-821-6509
Montgomery	610-270-3500
Philadelphia.....	215-560-7226

All links and references to any third-party resource are provided as a courtesy for reference only and are not intended to be, and do not act as, an endorsement by Valley Forge Educational Services (VFES). VFES does not make representations as to the experience, nature or quality of services you may receive from these organizations or companies. The information contained in any third-party resource cited on Valley Forge Educational Service’s websites is not owned or controlled by VFES

A.A.L.I.V.E.

aalive.org

Provides adults with autism with resources and supports to facilitate opportunities to explore a variety of choices designed to develop and sustain their strengths, interests and the essence of their personality so they may achieve independence across community, domestic, recreational, residential and social domains.

ASCEND

ascendgroup.org

ASCEND Group Inc., the Asperger and Autism Alliance for Greater Philadelphia, is a nonprofit organization launched by parents of children with Asperger Syndrome (AS) as a means to create a community of people who are concerned about the many ways that AS and other Autism spectrum disorders (ASD) affect children and adults and their families in the home, at school and in every area of their lives.

ASERT

paautism.org

PAutism.org is designed to bring together existing resources for families, providers, and self-advocates, and allows them to access a broad array of information to help meet the needs of those living with or serving people with autism.

Autism Transition Handbook

autismtransitionhandbook.org

The goal of this website is to assist individuals with autism spectrum disorders and their families by providing access to the most current and comprehensive information on the transition to adulthood.

Bureau of Autism Services

866-539-7689

<http://www.dhs.pa.gov/citizens/autismservices/>

The Bureau of Autism Services administers two programs for adults with autism, the Adult Autism Waiver (AAW) and the Adult Community Autism Program (ACAP). Call to request an application for either program, and to be added to the Interest List.

Center for Autism Research (CAR)

centerforautismresearch.com

CAR provides parent and professional education, service guidance and extensive diagnostic and developmental evaluations free of charge through research protocols.

Center for Autism Research (CAR) Roadmap

<https://carautismroadmap.org/>

Resource guide for families to connect with resources for youth and adults

Heath Resource Center

heath.gwu.edu

A web-based clearinghouse that serves as an information exchange of educational resources, support services and opportunities for people with disabilities.

PA Career Zone

pacareerzone.org

Pennsylvania CareerZone is a proven, successful career exploration and planning system designed especially for students, jobseekers, educators, and counselors will also benefit from the wealth of information on 900 occupations. The site features interest assessments and career videos that give users a snap shot of many featured occupations.

National Secondary Transition Guide

secondarytransition.org

This website provides youth, young adults, parents, and professionals with secondary transition resources to facilitate a young person's progress towards post-secondary goals related to education, employment, and community living.

National Transition Technical Assistance Center

nsttac.org

Resources include online modules, toolkits, checklists, practice descriptions, lesson plans, work-based learning experience guidance, and resources for students.

The Vanguard School Online Parent Resource Center

vfes.net/FamilyResources

The Vanguard School website has a parent resource section that is updated on a regular basis. We invite you to view the site for more information.

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Post-Secondary Plans

Student Name _____

Employment Goals

☐ Competitive ☐ Supportive ☐ Other _____

Community-Based Vocational Training _____

Volunteer Activities _____

Work-Experience _____

Training Goals

☐ College ☐ Trade/Career School ☐ Other _____

SAT Prep Courses _____

College Guide _____

College Courses _____

College Support Group _____

Program Searches _____
